

Lifesaving and Water Safety Programs in your School

Manitoba Curriculum and the Lifesaving Society

Running Lifesaving Society programs in your school allows you to achieve many different curriculum targets, including:

- Personal and Social Management
- Sport for Life
- Movement
- Fitness Management
- Promoting Teamwork
- Safety/Risk Management
- Healthy Lifestyle Practices
- Leadership

Programming Opportunities

- Demonstration clinics on any of our programs
- Instruction by certified coaches and/or instructors
- Group presentations on water safety/ice safety topics
- Key focus on water safety

Water Smart Public Education Clinics

- Water Smart for Schools
- Water Smart for New Canadians
- Winter Smart Ice Safety
- Within Arms' Reach

Aquatic Based Activity Programs

- Swim to Survive
- Swim for Life
- Junior Lifeguard Club
- Lifesaving & First Aid Club

Staff Development & Training (Train the Teacher)

- Water Smart Safety Clinic Facilitator
- First Aid Instructor
- Lifesaving Sport Coach/Junior Lifeguard Coach

For more information please contact us at: watersmart@lifesaving.mb.ca or call 204-956-2124. Visit our website at <http://www.lifesaving.mb.ca/>